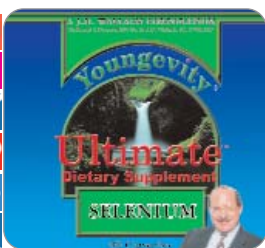


# Ultimate Capsules & Tablets



Item# 20971 - 90 Capsules



## SELENIUM™

For decades, the importance of selenium was unclear. Today, selenium is one of the most-documented and widely-studied trace elements known. Selenium is an essential nutrient to the human body, which humans require, but cannot make. These nutrients must be provided in the diet or in supplement form. Selenium is also considered

to have “anti-oxidant properties” which have been identified by the National Academy of Sciences as “a substance in foods that significantly decreases free radicals (e.g. reactive oxygen) and reactive nitrogen substances (e.g. N-nitroso compounds)”. Vitamins C and E are examples of other anti-oxidants.

Recently the FDA authorized the following health claims submitted by the company and Dr. Wallach.

*Selenium may reduce the risk of certain cancers. Some scientific evidence suggests that consumption of selenium may reduce the risk of certain forms of cancer. However, the FDA has determined that this evidence is limited and not conclusive.*

*“Selenium may produce anticarcinogenic effects in the body. Some scientific evidence suggests that consumption of selenium may produce anticarcinogenic effects in the body. However, the FDA has determined that this evidence is limited and not conclusive.”*

### Supplement Facts

Serving Size: 1 Capsule Servings per Container: 90

Amount per Serving	% Daily Value*	Amount per Serving	% Daily Value*
Vitamin A (as beta carotene)	2,500 IU 50%	L-aspartic acid	150 mg †
Vitamin C (as ascorbic acid)	120 mg 200%	Aloe vera gel (aloe vera) p.e. #200:1	10 mg †
Vitamin E	30 IU 100%	Bilberry fruit (vaccinium myrtillus) p.e.**25% anthocyanidins	10 mg †
(as d-alpha tocopheryl acetate)		Vanadium (from amino acid chelate)	75 mcg †
Zinc (from amino acid chelate)	5 mg 33%		
Selenium (from amino acid chelate)	100 mcg 143%	# Powdered extract	
Copper (from amino acid chelate)	500 mcg 25%	** Standardized powdered extract	
Chromium	100 mcg 83%	† Daily Value not established	
(from amino acid chelate)		* % Daily Values based on 2,000 calorie diet	

Other ingredients: Gelatin capsule (gelatin and water) and magnesium silicate.

# TRACE ELEMENTS